



ECLIPSE

IGNITING FAMILY
VIOLENCE
AWARENESS

RISK ANALYSIS AND SAFETY STRATEGISING

Understanding and working with risk and safety is important for all practitioners working with family violence. Through a whole of person approach to analysis of risk factors, understanding the harm continuum, and effective safety strategising the wellbeing and safety of victim-survivors can be supported. **ECLIPSE's Risk Analysis and Safety Strategising** course helps practitioners gain a deeper understanding of this important aspect of their work.

This course encourages people who work with whānau experiencing family violence to consider beyond the immediate risk indicators to assess the continuum of harm, recognise cumulative impact, and acts of victim-survivor resistance. Practitioners are supported to think holistically and introduced to safety strategising.

Course Outcomes

By attending this course participants will:

- Be introduced to the concept of victim-survivor resistance and ECLIPSE's Whole of Person Approach.
- Have a greater understanding of how to analyse risk, consider the cumulative impact of harm, and identify other unseen areas of harm (such as retaliatory violence and gang association).
- Develop insight into protective factors and safety strategies victim-survivors utilise to keep themselves and their whānau safe.
- Learn about how to undertake safety strategising and safety planning.
- Grow in awareness and knowledge of the dynamics of family violence and how you can respond in a more empathetic manner.

Course Details

Course Length: 7 hours
Course Cost: \$100+GST (online)
or \$150+GST (in person)

Public or private workshops are available.

Here's what our participants have said:

"Fantastic!!! Debbs made such sense and I loved her raw, real-life stories and knowledge. I think this training is great and a real value to the family violence scene. Where the client is the lead and expert of their own experiences and outcomes."

"Sharing of real-life experiences supports knowledge uptake. We are very grateful for Debbs sharing her story."

"I found Debbs was very engaging throughout the forum and mindful of both herself and those she was holding space for."

"Awesome course! Great people. I learned so much which will protect me and also protect those we serve."

Te Aorerekura and Risk Analysis and Safety Strategising Workshop Contents

Te Aorerekura is Aotearoa New Zealand's [National Strategy and Action Plan for the Elimination of Family Violence and Sexual Violence](#) in Aotearoa New Zealand and is overseen by [Te Puna Aonui](#). A [Family Violence Entry to Expert Workforce Capability Framework \(E2E\)](#) has been developed as part of Te Aorerekura.

All ECLIPSE training aligns with Te Aorerekura and the E2E. **ECLIPSE's Risk Analysis and Safety Strategising** workshop covers the **Essential** level capabilities below from the E2E framework:

Capabilities covered

- How personal identity, beliefs and values shape practice (e.g. ableism, audism, racism, sexism, ageism, homophobia, trans-phobia, biphobia, intersexphobia and classism).
- Trauma and violence informed responses that are holistic and promote whānau, family and individual transformation.
- The health, emotional/psychological, developmental, social and economic impacts of trauma and family violence on victim-survivors including children, young people, families, whānau and the broader community.
- The multiple issues that the person using violence and their whānau or family may be experiencing without excusing or minimising the violence.
- Adults at risk of institutional abuse and neglect.
- Effective, sensitive, and non-judgemental communication skills that recognises the dignity, values and beliefs of people.
- Empathetic engagement.
- Skill in building rapport.
- Respect in all professional communication and engagement.
- Ability to build safe and trusting relationships.
- Ability to check understanding throughout interactions.
- Ability to maintain professional and personal boundaries.
- Understanding of the reasons why people impacted by family violence may be reluctant or unable to engage with services.
- Understanding of the reasons why people who use violence may be reluctant to engage with services.
- Understanding of holistic approaches that focus on wellbeing and wellness and consider family and whānau ecological needs.
- Understanding of the importance of safe connections with others for wellbeing and healing.
- Understanding that violence continues and often escalates following separation.
- Understanding of the range of behaviours that the person protecting children may use to try to keep children safe in the context of family violence.
- Practice that does not compromise the protection and safety of those experiencing family violence.
- Knowledge of what a safety plan and a risk management plan is and can identify the differences between them and their purposes.
- Ability to identify risk indicators and factors to address immediate safety needs.
- Ability to recognise warning signs indicating past or current experiences of family violence.
- Ability to notice indicators of violence, identify concerning behaviour or comments and report concerns appropriately and safely.
- Understanding of the need to assess risk and develop safety plans.
- Understanding of the need to be informed by frameworks, models of practice and systems that support safe responsive work to address family violence.
- The need for children and young people's voices to be heard.
- Understanding of the need to work with others to create safety.

ECLIPSE Family Violence Services

e enquiries@eclipsefamilyviolenceservices.co.nz

w www.eclipsefamilyviolenceservices.co.nz